




**Book in for an assessment today!**

## **NEW DBT GROUP STARTING**

First group run in April or May



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- We require people to let us know if they are interested, and book in for an assessment.
  - Dr Gladwyn-Khan and Dr Howard who have experience of delivering DBT will be facilitating the group.
  - The group will run once we have a minimum threshold of interested people to make the group viable.
  - Optional 1-1 DBT is also available.

# Group & assessment fees

The cost of attending the group is **£65 per session.**

The cost of an **assessment is £90.**

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**For more details and to  
apply, email:**

Dr. Gladwyn-Khan

**[walespsy@walespsychology.co.uk](mailto:walespsy@walespsychology.co.uk)**